Tunstall Road, Croydon, Surrey CR0 6TY
Executive Headteacher: Jane Charman
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Dear Parents/carers,

Important Information About Allergy Safety

Keeping children safe is our highest priority

From September 2026, all schools in England must follow new allergy safety rules, known as **Benedict's Law**. These rules help schools prevent, recognise and respond to serious allergic reactions.

- **Please do not bring birthday treats into school to share.** If you would like to bring fruit, please speak to your child's key worker.
- **The school will provide any food needed for activities**.
- **Please complete the attached allergy form**, if your child has any known allergies and you have not given us an allergy action plan.

Please tell us about any allergies your child has, including food, medicines, or insect stings.
Please include:

- What causes the reaction (the trigger)?
- What symptoms your child gets.
- Any medication or treatment they need.

Food allergies and food intolerances are not the same. Knowing which one your child has helps us give the right support. **What each one is:**

- **Food allergy:** Your child's body reacts to a food as harmful. Reactions can happen quickly and can be very serious. Common allergies include peanuts, milk, eggs, and fish.
- **Food intolerance:** Your child's body finds it difficult to digest a food. This is uncomfortable but is not dangerous. Examples include lactose or gluten intolerance.

At Tunstall Nursery School, your child's safety comes first:

- We cannot remove all allergens from school, but we will do everything we can to reduce risks, act quickly in an emergency, and keep children with allergies safe and included.
- Anaphylaxis is a serious allergic reaction that needs urgent treatment.
- Staff are trained to use adrenaline auto-injectors (AAI).
- If your child has a serious allergic reaction at school, (even in the unlikely event it was the first time) trained staff will use the school's emergency adrenaline auto-injector (AAI) if needed.
- Call **999** straight away and contact you as soon as possible.
- In an emergency, school staff can act to protect your child.
- We will keep a record of the incident and share information with relevant staff and healthcare professionals.

Kind regards,

K. Lanning

Kate Lanning