Wednesday 8th July

Dear Parents and Carers,

Here are today’s activities.

**Exercise:**

The bottom shuffle race! Sit on the floor, with your legs outstretched and use your bottom to move along the floor – who reaches the other end of the room first!

**Storytime:** This week some of our activities will be based on ‘Mr Gumpy’s Outing’. Today’s story Mr Gumpy goes out in his motor car with all the animals.

<https://www.youtube.com/watch?v=WjVJ9ytVT90>

**Dancing time:**

Here are a selection of our favourite number songs, which are great for learning to count

* Alice the Camel <https://www.youtubekids.com/watch?v=9sN_RqxXGMw>
* One potato, two potato <https://www.youtubekids.com/watch?v=efMHLkyb7ho>
* Five Fat Peas <https://www.youtube.com/watch?v=enZsxF18Fzs>
* Count to 100 <https://www.youtubekids.com/watch?v=0TgLtF3PMOc>
* Five Little Monkeys <https://www.youtubekids.com/watch?v=0j6AZhZFb7A>

**Drawing/mark making:**

Find different shaped objects from around the house – toilet rolls, plastic plates, toy cars, blocks or cereal boxes. Then either dip them in paint and make a picture or draw around them to explore the different shapes they make.

**Mindfulness activity:** Mindful eating

When you give your child their snack or their breakfast ask them what they can taste, what does it feel like, get them to slow down and enjoy it – do it with them.

**Activity of the day:**

Find a y shaped stick or bendy ones. Tie the end with some string to make a loop or tie into a circle. Dip into bubble mixture or washing up liquid and water then blow bubbles.

If you can’t find any sticks then you could try this activity with wire coat hangers.

Please take a photo to show us what you did at [nursery@tunstall.croydon.sch.uk](mailto:nursery@tunstall.croydon.sch.uk)

Stay safe,

From all of the staff at Tunstall