Thursday 2nd July

Dear Parents and Carers,

Here are today’s suggestion of activities.

**Exercise:** **Keep the Balloon Up**
We have done this before, but it is fun! Simply blow up some balloons and tell your children to keep the balloons from touching the floor.

**Storytime:** This week some of our activities will be based on ‘Peace at Last’. Another of Jill Murphy’s books is called ‘On the Way Home’, here is a link to a reading of it

<https://www.youtube.com/watch?v=URRAMHToe4s>

Do you think all those things happened to Clare?

**Dancing time:**

Today all our songs are number songs

* Count to 100 <https://www.youtubekids.com/watch?v=0TgLtF3PMOc>
* 10 Green Bottles <https://www.youtubekids.com/watch?v=TfzzCTpjm0U>
* Two Little Dicky birds <https://www.youtubekids.com/watch?v=LwuiDz3gcUY>
* Five Little Monkeys <https://www.youtubekids.com/watch?v=0j6AZhZFb7A>

**Drawing/mark making:**

Either go outside with a clipboard and choose a paint and look at it carefully and then draw it or you could use a house plant. What colour is it? What shape are the leaves?

**Mindfulness activity:** Mindful listening

Have a listening moment, open your window or on your walk, stand still with your fingers on your lips and listen. What sounds can you hear? What do you think is making them?

For older children you can ask them to put their hand up rather than shout out the sound. For young children you might need to point out the sound, for example ‘I can hear the rain going pitter-patter.’ Then listen together before pointing another sound. This activity can be as short or as long as your child is interested in it for.

**Activity of the day:**

Get your tool box out and help your child to explore the different tools and what they do, they can do this on wood or a cardboard box. At nursery the children have been using our woodwork tools to make cars, aliens and even owls.

Stay safe,

From all of the staff at Tunstall