

Skills progression

Personal, Social and Emotional Development

Our goals: I can share and express 5 feelings (happy, sad, angry, worried, scared).

I can settle and be confident to try new activities.



I can share and express 5 feelings (happy, sad, angry, worried, scared).	I can seek comfort when I am upset, with support. I can show when I am pleased/happy.	I can seek comfort when I am upset. I can share with an adult, that I am pleased/happy. I can identify 2 feelings (happy, sad). I can sometimes say why I am upset. I can say if I am feeling happy or sad. I can develop a friendship. I can take turns, sometimes.	I can talk about when I feel happy or sad, with support. I can identify 3 feelings (happy, sad, angry), with support. I can suggest a time when I felt happy, sad etc. I can identify 5 feelings (happy, sad, angry, worried, scared). I can say why I feel that way.
I can settle and be confident to try new activities.	I can spend longer doing something I like. I can share an activity with an adult. I can sometimes watch other children playing. I can manage a change, for example entering nursery. I can play alongside other children. I can play alongside other children, sometimes sharing an interaction. I can play with an adult while I wait for my turn.	I can choose an activity that I want to do. I can share an activity with other children, with an adult. I can show kindness towards other children. I can share an activity with other children.	I can name my keyworker. I can complete a shared activity with an adult. I can name some children in the nursery. I can play a group game with support. I can play with another child with support. I can play with other children. I can play a simple turn taking game. I can listen to other people's ideas and sometimes use them in my play.
I can keep myself safe and healthy.	I can follow the routines with support. I can wash my hands with support. I can show concern for other children, with adult support. I can follow the nursery routines. I can follow routine instructions.	I can do some routines on my own. I can show concern for other children. I can wash hands independently, when reminded. I can follow a familiar routine.	I can follow the routines. I can use the toilet, wash and dry my hands independently. I can suggest a solution to a problem. I can sometimes accept a solution to a problem. I can suggest solutions to problems.